

Country Life Vegan Lunch Café

15 Roxbury Street, Keene, NH
(downtown just off Central Square)

Student and teacher discount: 10% off

CountryLifeRestaurant.com

Healthy 100%vegan delicious meals!

LUNCH CAFÉ:

Mon–Thurs: 11 am - 3 pm

HEALTH FOOD STORE:

Mon–Thurs: 9 am - 5 pm

Wednesday is
Vegan Pizza Day!



Our Everyday Menu

(Monday - Thursday):

- Bean Burrito
- Sunburger
- Falafel
- 'Chicken' Wrap
- Gluten-free Haystack "burrito"

Plus:

- HOT Buffet!
- Salad Bar!
- Drinks
- Desserts
- Daily Entrées
- Soup of the Day

Call ahead to place your
order:

603-357-3975

Menu changes on ingredients
availability.



**CLOSED: Friday, Saturday,
and Sunday**

MONDAY

Jan. 1
Closed
Happy
New Year!

Jan 8

→ Nut Loaf with gravy
→ Split Pea soup

Jan 15

→ Vegetable Pot Pie
→ Chili

Jan 22

→ Pinto Bean
Stroganoff
→ Yellow Split Pea

Jan 29

→ Shepherd's Pie
→ Italian Lentil soup

TUESDAY

Jan 2

→ Mongolian BBQ
→ Red Lentil Dahl

Jan 9

→ Broccoli Quiche
→ Borscht soup

Jan 16

→ Taco Bowls
→ Cream of Garlic soup

Jan 23

→ Spring Rolls
→ Creamy Potato soup

Jan 30

→ Coconut Curry
→ White Bean & Veg
soup

WEDNESDAY

Jan 3

→ Pizza
→ Minestrone
soup



Jan 10

→ Pizza
→ Cream of
Spinach soup



Jan 17

→ Pizza
→ Butternut
Ginger soup



Jan 24

→ Pizza
→ Red Lentil
Dahl



Jan 31

→ Pizza
→ Corn
Chowder



THURSDAY

Jan 4

→ Lasagna
→ Cream of Mushroom
soup

Jan 11

→ Stuffed Shells
→ Golden Pottage soup

Jan 18

→ Pinto Bean
Stroganoff
→ Vegetable soup

Jan 25

→ Enchiladas
→ Potato Leek soup



**11 flavors of vegan
ice cream to try!**