

## Country Life Vegan Restaurant & Health Food Store

Vegan Restaurant: Monday - Thursday: 11 am - 3 pm

Health Food Store: Monday - Thursday: 9 am - 5 pm

## **EVERYDAY MENU:**

Bean Burrito Beans served in a whole wheat wrap with tomatoes, olives,

onions, cilantro, salsa, "sour cream" (almond), cashew cheese: \$8.50

**Sunburger** Homemade veggie burger on a homemade spelt bun with pickles,

tomatoes, onions, lettuce, mayo, ketchup, mustard: \$8.50

**Falafel** Falafel served in a whole wheat pocket with lettuce, tomato, onions,

cucumbers, sprouts, hummus, house dressing, mayo: \$8.50 Gluten-Free option is served without the pocket: \$8.50

**Veggie Chickin'** Meatless chicken served in a whole-wheat wrap with spinach,

shredded carrots, cucumbers, mayo: \$8.50

**Gluten-Free** Beans, tomatoes, olives, onions, cilantro, salsa, "sour

**Haystack** cream" (almond), cashew cheese, organic GF chips: \$10

**Burrito** 

Hot-Bar: \$10 per plate

Salad-Bar: Dine-in: Bowl: \$6 / Plate: \$9

To-Go: Small: \$6 / Medium: \$9 / Large: \$14

Soup: To-Go or Dine-In: Small: \$6

To-Go: Medium: \$7 To-Go: Large: \$10

Desserts: "Cheesecake" or Carob pie, \$4.50

Fruit bars (Apple, Blueberry, Cranberry, Dates, Raspberry, and

Pumpkin in season): \$4.99

See sign board or our website for daily entrées and soup of the day!

603-357-3975 | CountryLifeRestaurant.com

Country Life Vegan Restaurant, 15 Roxbury Street, Keene, New Hampshire 03431