

Country Life Vegetarian Restaurant

Menu changes on ingredient availability. **For educational events visit:** www.CountryLifeRestaurant.com
15 Roxbury St (off Central Square) Keene, NH
10% Student & Teacher Discounts

HOURS — Hot Vegetarian Buffet and Salad Bar:

- **Brunch Buffet — Sunday:** 10:00am - 3:00pm
- **Lunch Buffet — Monday - Thursday:** 11:30am - 3:00pm
- **Dinner Buffet — Thursday:** 3pm - 8:00pm
- **CLOSED: Friday & Saturday**



| Sunday | Monday | Tuesday | Wednesday | Thursday |
|---|---|---|--|---|
| VEGAN BUFFET HOT BAR: "PAY BY POUND" — \$7.99 / POUND. SALAD: \$4.50 (BOWL), \$6.50 (PLATE). COOKIES, MUFFINS, MARKED INDIVIDUALLY | Daily Menu Includes: <ul style="list-style-type: none"> • Organic Brown Rice • Potato of the Day • Seasonal Green Veg • Chef's choice of squash/yellow Veg • Fruit Dish/Crisp | | Aug 1 → Pizza → Tamala's → Vegetable soup → Cream of Mushroom soup | Aug 2 → Vegetable Pot Pie → Chef's Choice → Split Pea soup → Vegetable soup |
| Aug 5 → Lasagna → Veggie Pot Pie → Golden Carrot soup → Split Pea soup | Aug 6 → Chickpea A La King → Lasagna → Tofu Spinach soup → Golden Carrot soup | Aug 7 → Vegetable Crepes → Chickpea A La King → Chili → Tofu Spinach soup | Aug 8 → Pizza → Vegetable Crepes → Tofu Spinach Soup → Summer Squash Bisque | Aug 9 → Mandarin "Beef" → Chef's Choice → Minestrone soup → Russian Potato soup CLOSING AT 3pm TODAY |
| Aug 12 → Stuffed Shells → Mandarin "Beef" → Italian Lentil soup → Minestrone soup | Aug 13 → Cabbage Rolls → Stuffed Shells → Cream of Spinach soup → Italian Lentil soup | Aug 14 → Bean Stroganoff → Cabbage Rolls → Gazpacho soup → Cream of Spinach soup | Aug 15 → Pizza → Bean Stroganoff → Colavy soup → Gazpacho soup | Aug 16 → Burgers → Chef's Choice → Cream of Garlic soup → Colavy soup |
| Aug 19 → Hawaiian BBQ → Burgers → Chickpea Veggie soup → Cream of Garlic soup | Aug 20 → Burritos → Hawaiian BBQ → Cold Fruit Soup → Chickpea Veggie soup | Aug 21 → Spring Rolls → Burritos → Dhal → Cold Fruit Soup | Aug 22 → Pizza → Spring Rolls → Borscht → Dahl | Aug 23 → Broccoli Quiche → Chef's Choice → White Bean & Veg soup → Borscht |
| Aug 26 → Enchiladas → Broccoli Quiche → Corn Chowder → White Bean & Veg soup | Aug 27 → Shepherd's Pie → Enchiladas → Golden Pottage soup → Corn Chowder | Aug 28 → Maple Tofu → Shepherd's Pie → Vegetable soup → Golden Pottage soup | Aug 29 → Pizza → Maple Tofu → Cream of Mushroom soup → Vegetable soup | Aug 30 → Falafels → Chef's Choice → Gazpacho → Cream of Mushroom soup |