

Country Life Vegetarian Restaurant

Menu changes on ingredient availability. **For educational events visit:** www.CountryLifeRestaurant.com

15 Roxbury St (off Central Square) Keene, NH

10% Student & Teacher Discounts


HOURS — Hot Vegetarian Buffet and Salad Bar:

○ **Brunch Buffet — Sunday:** 10:00 am - 3:00 pm

○ **Lunch Buffet — Monday - Thursday:** 11:30 am - 3:00 pm

○ **Dinner Buffet — Thursday:** 3 pm - 8:00 pm

○ **CLOSED: Friday & Saturday**

Sunday	Monday	Tuesday	Wednesday	Thursday
VEGAN BUFFET HOT BAR: "PAY BY POUND" — \$7.99 / POUND. SALAD: \$4.50 (BOWL), \$6.50 (PLATE). COOKIES, MUFFINS, MARKED INDIVIDUALLY	Daily Menu Includes: <ul style="list-style-type: none"> Organic Brown Rice Potato of the Day Seasonal Green Veg Chef's choice of squash/yellow Veg Fruit Dish/Crisp 	<p>"This is our only restaurant! The food is always excellent, never processed and the price is fair."</p> <p>— Jasmine Henry</p>	<p>"I've enjoyed every meal I've eaten here. I especially love the salad bar with the tasty salad dressings."</p> <p>— Katy Shoemaker Wolfer</p>	
June 3 → Hawaiian BBQ → Sea Cakes → Borscht → Great Northern Bean	June 4 → Burrito's → Hawaiian BBQ → Cream of Mushroom → Borscht	June 5 → Tofu Young → Burrito's → Chili → Cream of Mushroom	June 6 → Pizza → Tofu Young → Minestrone → Chili	June 7 → Shepherd's Pie → Chef's Choice → Corn Chowder → Minestrone
June 10 → Maple Tofu → Shepherd's Pie → Lima & Tomato → Corn Chowder	June 11 → Spinach Crepes → Maple Tofu → Gazpacho → Lima & Tomato	June 12 → Vegetable Pot Pie → Spinach Crepes → Cream of Spinach → Gazpacho	June 13 → Pizza → Vegetable Pot Pie → Italian Lentil → Cream of Spinach	June 14 → Enchiladas → Chef's Choice → Vegetable → Italian Lentil
June 17 → Happy Fathers Day! → Mongolian BBQ → Vegetable Alfredo → Hot Rolls → Cream of Asparagus	June 18 → Spring Rolls → Vegetable Alfredo → Tofu Spinach → Cream of Asparagus	June 19 → Broccoli Quiche → Spring Rolls → Colavy → Tofu Spinach	June 20 → Pizza → Broccoli Quiche → Russian Potato → Colavy	June 21 → Bean Stroganoff → Chef's Choice → "Chikin" Noodles → Russian Potato
June 24 → Lasagna → Bean Stroganoff → Split Pea → "Chikin" Noodles	June 25 → Sea Cakes → Lasagna → Cold Fruit Soup → Split Pea	June 26 → Tamale's → Sea Cakes → Potato Leek → Cold Fruit Soup	June 27 → Pizza → Tamale's → Red Lentil Dahl → Potato Leek	June 28 → Eggplant Parm → Chef's Choice → Golden Carrot → Red Lentil Dahl

